

Signature Treatment

Appointment: 120 minutes, \$195

A treatment for the whole person, our most luxurious and complete treatment available. Combining more than a dozen different treatments including gentle but thorough exfoliation, non-invasive deep cleansing, multiple mask treatments, compresses, soaks, hand, arm, leg and foot treatments, anti-aging therapy, pressure point therapy and lymphatic stimulation to revive the body's natural healing rhythms, this all encompassing treatment goes far beyond merely a basic facial. Tailored to your specific needs, key elements of the entire Dr. Hauschka Skin Care line are used to revive, refresh and renew your inner and outer health to a more holistic, balanced self.

Products used include: Cleansing Milk, Cleansing Cream, appropriate toner, appropriate facial moisturizer, Facial Steam Bath, Cleansing Clay Mask, another appropriate mask, appropriate Rhythmic Conditioner, appropriate body moisturizer or oil, appropriate foot cream, Hand Cream, Neem Nail Oil, Eye Contour Balm, Lip Balm, Sage, Lavender and Lemon Bath, and Body/Face Powder.

Cleansing Treatment

Appointment: 90 minutes, \$145

Add On Treatments available (see below)

The perfect treatment when you need a tune up. Using a holistic approach to remedy dull, tired, clogged skin, a non-invasive deep cleansing, gentle but thorough exfoliation, Cleansing Clay Mask treatment, anti-aging therapy, bio-rhythmic conditioner and lymphatic stimulation are combined to stimulate circulation and accelerate the body's natural healing rhythms, leaving you fresh faced and ready for the world. Best when scheduled monthly to maintain optimal results.

Products used include: Cleansing Milk, Cleansing Cream, appropriate toner, appropriate facial moisturizer, Facial Steam Bath, Cleansing Clay Mask, appropriate Rhythmic Conditioner, Hand Cream, Neem Nail Oil, Eye Contour Balm, Lip Balm, Lavender and Lemon Bath, and Body/Face Powder.

Rejuvenating Treatment

Appointment: 90 minutes, \$145
Add On Treatments available (see below)

When you're seeing the results of life lived too hard. This regimen encourages healing and reverses damage caused by stress, the environment, and life in the fast lane. Specific treatments are employed to combat out of control, imbalanced skin, including non-invasive deep cleansing, gentle but thorough exfoliation, Rejuvenating Mask treatment, anti-aging therapy, bio-rhythmic conditioner and lymphatic stimulation to stimulate the body's natural ability to combat the damaging effects of modern life. The perfect treatment before important events; can be done as often as once a month, as needed.

Products used include: Cleansing Milk, Cleansing Cream, appropriate toner, appropriate facial moisturizer, Rejuvenating Mask or Firming Mask, appropriate Rhythmic Conditioner, Hand Cream, Neem Nail Oil, Eye Contour Balm, Lip Balm, Lavender and Lemon Bath, and Body/Face Powder.

Normalizing Treatment

Appointment: 90 minutes, \$145
Add On Treatments available (see below)

The holistic approach to rebalancing oily skin conditions, specifically designed to gently rebalance inflamed, irritated and acneic skin conditions. A non-invasive deep cleansing, gentle but thorough exfoliation, Cleansing Clay Mask treatment, sensitive skin bio-rhythmic conditioning treatment, anti-aging therapy, normalizing treatment and lymphatic stimulation calms inflammation, draws out impurities, and returns the skin to its natural, balanced and healthy state. Depending on skin type, this treatment can be seasonal or recommended once per month. Also appropriate in response to stress-related acne breakouts, best done as soon as symptoms appear.

Products used include: Cleansing Milk, Cleansing Cream, Facial Steam Bath, Cleansing Clay Mask, Clarifying Toner, Rhythmic Conditioner Sensitive, Normalizing Day Oil, Hand Cream, Neem Nail Oil, Eye Contour Balm, Lip Balm, Lavender and Lemon Bath, and Body/Face Powder.

Dr. Hauschka Facial Treatments at Arcadia

Introductory Treatment

Appointment: 60 minutes, \$95

Add On Treatments available (see below)

A perfect facial for the Dr. Hauschka novice. This basic treatment employs many of the best aspects of the classic Dr. Hauschka treatments, tailored to your specific needs as decided in consultation with your aesthetician. Designed to give you an introduction to the Dr. Hauschka products and an understanding of Dr. Hauschka's holistic approach to skin care, this treatment will leave you refreshed and renewed while minimizing time and expense.

Products used include: Cleansing Milk, Cleansing Cream, Facial Steam Bath, appropriate mask treatment, appropriate toner, appropriate moisturizer, Eye Contour Balm, Lip Balm, Lavender and Lemon Bath, and Body/Face Powder.